

Food for Thought

Official Newsletter of the 9055 Teaching Kitchen
Kelly Green, Editor-in-Chief

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Cyrus Bahadori Chef of the Month

We are very proud of Cyrus Bahadori, our *Chef of the Month* for September. He has become so independent when he prepares his dinners that we simply sit and watch him do his work. Cyrus has been coming to the *Dinner by Me!* program for 2 years and has a lot of specialties now. One of his favorite parts is to “read” the recipe to us by enthusiastically pointing at the different steps as he progresses. Come by and watch him cook -- he might teach you a thing or two!



Tasting Tuesday!

August 14th we tried
Tomatillos!

61% liked it 😊

14% didn't like it 😞

25% wouldn't try it ❌

This week the 9055 Teaching Kitchen says goodbye to Kelly Green. She started out as a Friday volunteer a year ago, and then transitioned to a dietetic intern by doing a five-week community rotation with us. In March, she will return for another rotation after she gains some clinical experience. Kelly is famous for zealously learning everyone's name. We wish her all the best in the next few months and cannot wait for her to return.

**Good luck
and
Sayonara
Kelly!**



Tasting Tuesday!

August 21st we tried
Rhubarb-Strawberry Jam!

66% liked it 😊

6% didn't like it 😞

28% wouldn't try it ❌



Tasting Tuesday!

August 28th we tried Watermelon
Salad

64% liked it 😊

15% didn't like it 😞

21% wouldn't try it ❌