

# *Food for Thought*

Official Newsletter of the 9055 Teaching Kitchen

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## **Welcome our newest Intern: Steffani Holmes**



Steffani's favorite item from  
*The Snack Zone* is an  
orange!

We welcome Steffani Holmes to the 9055 Teaching Floor! Steffani graduated from the University of Maryland in May and has just begun her year-long Dietetic Internship. After completing six weeks at CSS, she will be moving to Boston to do a Sports Nutrition rotation. She hopes to pursue a career combining her interest in kinesiology and physical fitness with her nutrition training. Steffani is from Eldersburg, MD and has a long drive each day. To pass the time, she enjoys podcasts, particularly humorous ones. Come by to meet Steffani and let her know how happy we are to have her join us!

## Tasting Tuesday!


**On July 2, we tried  
Light Lemonade**



**67% liked it  
11% didn't like it  
22% wouldn't try**

There was NO  
*Tasting  
Tuesday*  
On  
July 9<sup>th</sup>

*The Snack Zone* currently stocks`  
the following apples:

Gala	
Fuji	
Macintosh	
Golden Delicious	
Red Delicious	
Jazz	
Pink Lady	
Honey Crisp	

## Tasting Tuesday!

**On July 16, we tried  
Coconut Milk Yogurt**



**60% liked it  
14% didn't like it  
26% wouldn't try**