**What’s For Dinner: Lasagna Alfredo**

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Shopping List:

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| AMOUNT | ITEM |
| 1 | can spray oil |
| 1 | package cooked chicken |
| 1 | jar light alfredo sauce |
| 1 | 8 oz. container part skim ricotta cheese |
| 1 | 1 package chopped spinach (thawed) |
| 1 | 1 package no cook lasagna noodles |
| 1 | 8 oz. package mozzarella cheese |
| 1 | roll of aluminum foil |