

Food for Thought

Official Newsletter of the 9055 Teaching Kitchen
Stefanie Brocker, Editor in Chief

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Rodrigo Perez—Chef of the Month



The Chef of the Month for October, 2018 is Rodrigo Perez. He has been cooking with the 9055 Kitchen for over a year now. While preparing his dinner, Rodrigo enjoys commenting on each step and always flashes a smile when he does it independently: "I did it" he exclaims. He loves Ms. Janice's silly songs and will sing with you as he prepares his dish. Along with his singing and smiles, Rodrigo is particularly skilled at cutting his ingredients into uniform shapes. Check out his gorgeous potatoes!



Tasting Tuesday!

September 25th

we tried

Matzo Ball Soup!

69% liked it 😊

12% didn't like it ☹

19% wouldn't try it ✗



The 9055 Kitchen Says Farewell and Good Luck to Stefanie Brocker!



Stefanie spent two weeks with the 9055 Teaching Kitchen for her dietetic internship with the Women, Infants and Children Program. She will return to her WIC clinic in Glen Burnie for two weeks and then continue learning about the role of various community dietitians in a new setting. Her next location will take her to the Maryland Food Bank. Come by and wish her well.

23 days until Halloween! Come check out all the hard work Janice put into decorating the 9055 Kitchen.



Artist of the Month

October's artist of the month is Kevin Ho. Kevin's art has a unique style with bold text in primary colors on a stark white background.



Lyrics from N'Sync or the names of N'Sync band members are frequently featured as the focal point of his work. Take a look around the 9055 Kitchen and see if you can spot his distinct art posted on the walls.



Tasting Tuesday!
October 2nd
we tried
Pumpkin Pasta Sauce!

78% like it 😊

15% didn't like it 😞

7% wouldn't try it ✗