

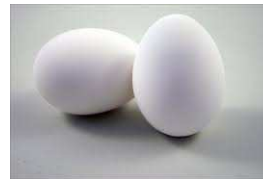
Dinner by Me: Salmon Loaf



1. Preheat oven to 350 degrees. Spray loaf pan.



2. Open 3 pouches of salmon and pour in bowl. Add **two** eggs.



3. Add 1/3 bread crumbs and 1/2 cup chopped onion.



4. Add a pinch of parsley and 2 tablespoons lemon juice to bowl.



5. Put on gloves and mix bowl ingredients with hands. Press into loaf pan.



6. Bake for 1 hour in preheated oven.

