**What’s For Dinner: Oven Stewed Chicken**

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Shopping List:

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| AMOUNT | ITEM |
| 1 | Screen Shot 2016-01-11 at 1.31.46 PM.png  2 ½ pounds chicken thighs |
| 1 | package frozen carrots |
| 1 | package frozen peppers and onions |
| 1 | 10 oz. can chicken broth |
| 1 | jar chicken gravy |
|  | spray oil to grease pan |
|  | Aluminum foil to cover pan |
|  | Salt, pepper, parsley, garlic powder, onion powder, thyme and rosemary.  See original recipe in supporting materials for amounts |