

## Chocolate Banana Almond Smoothie Recipe



### Ingredients

2 cups ripe banana (about 2 large bananas)

1 cup chocolate almond milk

1/3 cup almond butter

3 heaping tablespoons of cocoa powder

6 ice cubes

Honey to taste

### Preparation

1. Peel bananas and slice into smaller pieces.
2. Place bananas, almond milk, almond butter, and cocoa powder in blender; process until smooth.
3. Remove center cap from blender lid; secure lid on blender. With blender on, add ice cubes, 1 at a time through center of blender lid, processing until smooth.
4. Add honey for additional sweetness.