

Food for Thought

Official Newsletter of the 9055 Teaching Kitchen
Editor in Chief, Kelly Green

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*You'll come for the snack,
but stay for the fun!* 🍋🍏🍎



Intern Stephanie Ra positions a new contribution to our apple border.

You might have seen our beautiful new border around *The Snack Zone* window adorned with everyone's apple artwork. Come by and make your own apple masterpiece. Or, enjoy a delicious apple – we have 9 varieties!



Tasting Tuesday!

On March 19th we tried
Hippeas

68% Liked
10% Disliked
22% Wouldn't Try

Kelly's favorite apple is the Golden Delicious.



Look Who's Back!

Ms. Kelly Green

We welcome back Kelly Green, who previously did a Community Nutrition intern rotation with us as well as many, many volunteer hours. While she was away, Kelly worked in a variety of professional contexts including food service where she learned a range of new and tasty recipes. In her current rotation, she will be working on a variety of specialty projects with *The Snack Zone* and in the school. Her long journey towards becoming a Registered Dietitian ends on April 30th when she departs for the final time. Come by and say "Hi" to Kelly!

Tasting Tuesday!

On March 26th we tried *Beyond Sausage* (plant based meat substitute)



62% liked it
23% didn't like it
15% wouldn't try

Tasting Tuesday!

On March 12th we tried *Ants on a Log*



66% liked it
9% didn't like it
28% wouldn't try