

# Food for Thought

Official Newsletter of the 9055 Teaching Kitchen

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## December 2019 *Chef of the Month*: Joey Cilman



Joey stirring his casserole.



We are thrilled to once again honor Joey Cilman as *Chef of the Month*; he last received this award in June of 2018. Joey has been cooking with Janice for a long time and has numerous specialty dishes he likes to prepare including stir fries, sheet pan suppers, and a range of casseroles. Joey is a genius at stirring ingredients. Ask him to show you his “bottom-to-the-top” mixing style – it’s a classic.



Joey covering his casserole with foil.

We're getting ready for Christmas and Hanukkah in the 9055 Teaching Kitchen. Our tree is up; or menorah is ready. As we move forward with our holiday countdown, we expect to have a number of special events including a sing-along party and several special *Tasting Tuesdays*. You are cordially invited to join us for all the fun!

## Tasting Tuesday!

**On November 26, we tried  
Gingerbread Flavored Peeps**



**63% liked it  
26% didn't like it  
11% wouldn't try**

## Our Christmas Tree is Ready!

