

Food for Thought

Official Newsletter of the 9055 Teaching Kitchen
Editor in Chief, Kelly Green

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Super Salads



Kayleigh mixing her masterpiece.



We're crazy for salads in the 9055 Teaching Kitchen. You may have seen Kayleigh McConnell on Tuesdays or Julie Ricketson on Thursdays building a masterpiece. *So good and so good for you!* Join in the fun and make your own salad!

Just let Ms. Janice know that you too would like to participate at lunch time. What kind of salad will you make?

Julie likes hard-boiled egg and chicken in her salad.

Tasting Tuesday!

On April 9th we tried
Dry Roasted Soy Nuts



66% liked it
17% didn't like it
17% wouldn't try

Tasting Tuesday!

On April 16th, we
tried Cooked
Beets



54% liked it
16% didn't like it
30% wouldn't try



So long, farewell, auf Wiedersehen, goodbye ...



The end of April is quickly approaching. This means that our interns Ms. Stephanie and Ms. Kelly will be leaving us. Ms. Stephanie's last day is April 29th; she will graduate from Liberty University shortly after and start her professional life. Ms. Kelly will be leaving on April 30th to prepare for her Registered Dietitian Exam. We will miss both of them greatly and wish them the best in their careers. We're having a goodbye party for both ladies on Monday, April 29th. Come join us for this *Bon Voyage!*