

# Food for Thought

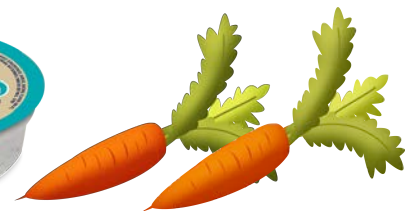
Official Newsletter of the 9055 Teaching Kitchen

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## Say Hello to our new intern, Holly!

Welcome to Holly Smidt, the new Dietetic Intern in the 9055 Kitchen. Holly is a graduate of the University of Maryland, College Park in Nutrition and is joining us from the Priority Nutrition Care Dietetic Internship program. She will be spending 16 weeks at CSS in order to complete both her community and food service rotations. Holly loves to cook and looks forward to learning all of the 9055 recipes. Her first choice for a bite from *The Snack Zone* is carrots with ranch dressing, though she also enjoys apples & peanut butter. Holly is smitten with her new puppy, Harper, and Maryland football. Stop by to discuss either of these topics and welcome her to CSS.





On November 6<sup>th</sup> we tried Pickle flavored chips

40% liked them  
35% didn't like them  
25% wouldn't try

## TASTING TUESDAY!

"Mmmm... yum, yum!"



On November 13<sup>th</sup> we tried Baked Squash

60% liked them  
25% didn't like them  
15% wouldn't try



On November 20<sup>h</sup> we tried Cranberry Salad

70% liked them  
2% didn't like them  
28% wouldn't try

**Christmas is coming!  
Stop in and help decorate  
or simply admire the tree  
as we prepare for the  
holiday season.**

